



# Mission Tapestry

Arlington District United Methodist Women

Vol. XXXX, No. I

January 2019

## PURPOSE of the United Methodist Women

The organized unit of UNITED METHODIST WOMEN shall be a community of women whose PURPOSE is to know GOD and to experience FREEDOM as whole persons through JESUS CHRIST; to develop a creative, supportive FELLOWSHIP; and to expand CONCEPTS OF MISSION through participation in the global ministries of the church.

The Mission Tapestry is a publication of the Arlington District United Methodist Women. Its goal is to keep units at the local/ congregation level informed about opportunities for living out our PURPOSE. It is published quarterly—January, April, July, and October.

Articles for publication are welcome and should be directed to [ArlingtonDistrictUMW@gmail.com](mailto:ArlingtonDistrictUMW@gmail.com) by the 1st of the publication month.

Check out our website at [www.ArlingtonDistrictUMW.org](http://www.ArlingtonDistrictUMW.org)

## District President's Message

Hello Everyone,  
Happy New Year! I hope everyone had a Merry Christmas and a Happy New Year. I am glad to see the old year pass. After breaking my ankle in March, missing Assembly in May, and a long recovery, I am anticipating a great year ahead. I thank God for all the blessings over this past year. We have all been blessed in some way, so stop a second and think of one or two. Then say a little or a big thank you to God, He is amazing!

Our next District event is Training day, January 26<sup>th</sup>, 9:00am, at Dulin UMC, 513 East Broad Street, Falls Church, Virginia, 22046. There are lots of good reasons to attend, fellowship and worship, meeting women from other units, meeting your district team, and of course, refreshments. At this meeting we all have information about upcoming District and Conference events. Each unit gets a District Handbook and a Program Book for 2019. Please be sure you know who is picking up these two items for your unit. Things can get a bit confusing. It is ok to pick up training packets for officers who can't attend, but please try to get as many women as possible to come. I look forward to seeing you there.

In 2019 we will celebrate the 150<sup>th</sup> Anniversary of United Methodist Women. There are big plans brewing for the Bi-District UMW Birthday Bash, March 9<sup>th</sup>, 10:00am to 2:00pm, at Mt Olivet UMC, 1500 North Glebe Road, Arlington, Virginia, 22207. The Arlington and Alexandria districts

have a combined event each year and this year is our turn to host. So we thought a big birthday party would be fun. There will be a little bit of everything, history, mission, speakers, fun and cake. Nancy Robinson is one speaker. She was a missionary in Sierra Leone, and she is just great. We will be collecting canned food and travel size toiletries for Rising Hope. This event costs \$15.00. There is a flyer included in the Tapestry. Why not plan a Birthday event in your unit that celebrates the history of women in mission?

Its UMW Census time again. Each unit is asked to fill out the Census on-line. This is usually done by the Membership Nurture and Outreach person. If **you don't have one, the President or** whoever she asks can do it. You will need some data like, number of members, who has died, new members, type of unit, and what social media you use. If you need help I would be glad to enter the data for you. We can do it over the phone.

As you plan for the coming year, remember I would be happy to speak or just come for a visit. I am looking forward to an exciting year for the Arlington District. We have good programs in the planning, so please come out and support our district.

**Let's Celebrate Women in Mission this year.** Happy Birthday to us and all the organizations that made United Methodist Women what we are today!

Blessings,  
*Doris*

Secretary

Janet Keener



Dear Sisters,

On Saturday, November 10, 2018, the Arlington District UMW shared an inspirational morning at Aldie UMC at our Mini-Mission Encounter. The theme was *Living As A Covenant Community* and was presented by Rev. Nancy Robinson, a missionary of the United Methodist Church. My son, Andrew, attended the event as well. When I asked him what he especially liked about the day, he shared his experience below: (I could not express it any better!)

**“Other than the meal we shared (we're United Methodists ... food is a part of just about every gathering), I learned that in order for us to truly change the world (as Christians), we must let God meet us just as we are.”**

The first activity showed me this. We filled out (and created paper flowers). On our flower, we wrote: our name, where we feel at home, and what activities we feel close to God performing. Then we presented them to the group. After we presented them, we planted them.

For the second activity, we wrote two things on a paper plate; what song bring us closer to God (mine is *Unanswered Prayers* by Garth Brooks), and what we do that hinders our relationship with God. Then we left these plates at the altar as a way to give them to God.

For the final activity, we filled out index cards. On these index cards, we wrote two steps we're going to take to become closer to God, as a sort of action plan (if you will).

There were other activities that we did also (in small groups). But I honestly got more out of **the ones that I mentioned.**”

We invite you to have similar experiences and to share with the ADUMW at upcoming events. We look forward to your joining us at Training Day (January 26, 2019 - Dulin UMC), Bi-District Birthday Bash! (March 9, 2019 - Mt. Olivet UMC), Spring Prayer Breakfast (May 18, 2019), and Vespers and Potluck (June 1, 2019), as well as Virginia Conference UMW events. We will keep you posted as plans for these events develop. See you there!!!

God Bless,  
Janet  
janet\_keener@cox.net



# Treasurer

Beth Meserve

## Channels of Giving Refresher

### Five Channels of Mission Giving

Through their generosity United Methodist Women members help empower and improve the lives of women, youth and children in the United States and around the world. About 70 percent of Mission Giving funds from members go to programs and projects supporting women, children and youth. Around 20-30 percent stays with the local, district, and conference organizations of United Methodist Women for local mission. Only 9 percent covers administrative costs. The Virginia Conference recognizes any unit who contributes to all five channels of giving as a 5-star unit. All 5-star units are recognized at the District Annual Meeting in September.

### Pledge to Mission

An individual member's Pledge to Mission is the amount a woman gives to her local unit to help fulfill the Purpose of United Methodist Women. The conference United Methodist Women pledges a specific amount to United Methodist Women's national office for mission with women, children and youth and retains a designated percent to be used for district and conference administration and membership development expenses.

### World Thank Offering

Spontaneous additional gifts can be given out of gratitude for God's abundance and in celebration of the joys of life. The World Thank Offering is an opportunity for individuals to respond to God's abundance and grace with spontaneous gifts of gratitude. The funds collected are used in the total program of mission carried on through United Methodist Women's national office in the United States and around the world.

### Special Mission Recognition Pins and Certificates

These pins offer a meaningful way to honor members who have dedicated so much time and effort to service. Gift amounts range from \$40 to \$2,000. See your local treasurer for details.

### Gift to Mission

Make a gift in honor of someone and send a card to the honoree. The following cards are available: Congratulations, Thank You, A Baby, In the Service of Christ, A Special Day, Thinking of You, Peace, Happy Birthday and assorted Christmas cards.

### Gift in Memory

Give a gift in memory of a member, a friend or anyone, in any amount of \$5 or more. Gift in Memory cards, available free, may be sent to the family of the deceased.

### 6th Channel of Mission Giving

Candle Burning is the 6<sup>th</sup> channel of Mission Giving in the Virginia Conference. The donations to Candle Burning are added to your pledges to Mission. We are recommending to each unit that they use this opportunity to recognize church and family members and to remem-

# Treasurer

Beth Meserve

ber the saints in our lives as we are giving to UMW missions. Giving to the 5 channels of giving *AND* candle burning qualifies your unit as a 6-star unit. All 5- and 6-star units are recognized at the District Annual Meeting each year in September. The amount per second is 60 cents.

One second.....\$0.60  
Five seconds.....\$3.00  
One minute.....\$36.00  
Five minutes...\$180.00  
One hour.....\$2,160.00

## Rainbow Givers

The Virginia Conference United Methodist Women started the Rainbow Giver Program in 2010. This is an opportunity for you, as an individual, to personally give to the Five Channels of Mission Giving. Your gift of \$60.00 will make you a Rainbow Giver, and will automatically qualify your unit as a 5-Star Unit:

\$40.00 to give someone special a *Special Mission Recognition Pin*  
\$ 5.00 to give a *Pledge to Mission (in addition to your regular pledge)*  
\$ 5.00 for a *Gift to Mission Card*  
\$ 5.00 for a *Gift in Memory Card*  
\$ 5.00 for a gift to *World Thank Offering*

It is so easy to become a Rainbow Giver; just print and fill out the form on the next page and give the form to your unit treasurer with a check for \$60.00. On the form *please specify which Gift to Mission Card you want and the name of the recipient of the Special Mission Recognition pin.*

This form and the \$60.00 should be given to your treasurer at *one time*, not spread out over the year. Anyone can become a Rainbow Giver; this is an opportunity for church members, spouses, or friends to participate in UMW Mission Giving. This award is not to replace your Pledge and World Thank Offering, but is giving you, as an individual, an opportunity to contribute to all the areas of Mission Giving. To be recognized as a Rainbow Giver at your District Annual meeting, please give this form to your Unit Treasurer by August 15. If you have questions about becoming a Rainbow Giver, please contact me.

Once again, thank you all for your support of United Methodist Women missions!

Beth Meserve, District Treasurer  
507 N Brighton Ct.  
Sterling, VA 20164  
703-404-0542  
beth.meserve@gmail.com

Treasurer

Beth Meserve

## VIRGINIA CONFERENCE UMW RAINBOW WOMAN

Yes, YOU can become a RAINBOW WOMAN! Have you thought about you personally giving to all five channels of giving?

A Rainbow Women gives to all five channels of giving:  
 \$40 to give someone special a Special Mission Recognition Pin  
 \$ 5 Pledge to Mission  
 \$ 5 Gift to Mission  
 \$ 5 Special Recognition in Memory  
 \$ 5 World Thank Offering  
 \$60 Total



Your \$60 RAINBOW WOMAN offering must specify that you are giving to the above five channels and designate who you want your pin to go to, who your Gift in Memory is for and that you are giving that \$60 for a Rainbow Woman. If you simply give \$60 to your unit treasurer, you will not be a Rainbow Woman. You must designate that it is for Rainbow Woman giving.

1. Special Mission Recognition Pin in \_\_\_Honor or \_\_\_Memory of:

\_\_\_\_\_

(Please check appropriate box) (Name of person being honored or memorialized)

Send pin to: (Name) \_\_\_\_\_

(Address) \_\_\_\_\_

2. Pledge to Mission

3. Gift to Mission Card – Which card to send?

\_\_\_\_\_

(Thank You, Baby, Birthday, In the Service of Christ, etc.)

Send card to: (Name) \_\_\_\_\_

(Address) \_\_\_\_\_

4. Gift in Memory: In Memory of:

\_\_\_\_\_

(Name of person in whose memory the gift is made)

Send card to: (Name) \_\_\_\_\_

(Address) \_\_\_\_\_

5. World Thank Offering

**Given by (Rainbow Woman's Name)** \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

District \_\_\_\_\_

All components must be submitted to your Unit Treasurer at one time. We suggest that this Rainbow Woman gift be given in addition to your regular pledge to mission.

If you have any questions about becoming a Rainbow Woman, please contact District Treasurer Beth Meserve.

# Social Action

Lisa George

## News from the Social Action Desk

### Air Pollution and Infant, Child, and Maternal Health

*UMW Action Alert*

*Updated: 9/24/2018*

With an estimated 2.7 million pounds of carbon dioxide released into the air every second, air pollution is at a record high and is a growing public health issue. The Center for Disease Control correlates air pollution with heart and respiratory ailments, such as heart disease, stroke, asthma, chronic obstructive pulmonary disease (COPD), and lung cancer, as well as natal complications, such as premature death. Furthermore, the World Health Organization estimates that 1 out of every 8 deaths are associated with air pollution, with certain populations and regions of the world being more susceptible than others to its negative health consequences. This action alert describes how environmental injustice prevails because measures to improve air quality are being thwarted through deregulatory policies and a lack of industrial accountability.

#### Impact on Maternal and Infant Health

Pregnant women who breathe in harmful greenhouse gases, or highly concentrated particulate matter (PM), may jeopardize their own health as well as that of the unborn. Because particulate matter found in greenhouse gases is so microscopically small, it can easily travel **from the mother's bloodstream into the womb, increasing the likelihood of developmental delays, birth defects, premature birth and infant death. Even if the fetus does survive such conditions, there is a substantial chance that the offspring will develop "brain, respiratory, and digestive problems in early life."**

The American Pregnancy Association (APA) suggests that expectant mothers stay informed of the air quality in their area and address the situation accordingly, by, for example, opting to stay indoors. Or purchase air purifiers. Or reduce exposure to household chemicals and pollutants. Despite this sound advice, it should be noted that not all expectant mothers will have the financial capability to purchase and implement air quality controls, let alone have access to educative resources to learn about air quality and its effects on their pregnancy.

#### Impact on Child Health

With rising heat indexes and extreme weather conditions, children are especially susceptible to the health consequences of air pollution. Globally, children who live near traffic are 89% more likely to develop asthma, as well as lungs 20% smaller than those of their peers. The World Resources Institute notes that because they breathe at a higher rate than adults, children are exposed to greater levels of pollution relative to their smaller body weight and are generally more sensitive to their effects on a pound-for-pound basis.

# Social Action

Lisa George

Low-income, children of color are disproportionately exposed to high levels of particulate matter and smog, which lead to higher temperatures and poor-quality air. This example of **environmental injustice is also known as the “urban island effect,”** in which “cities are significantly warmer than their surrounding suburbs, exurbs, and rural areas.”

The resulting rise in temperatures, due to ozone pollution, CNN reports, was also a contributing factor in the global outbreak of the Zika virus, as well as water, food, and other mosquito-borne illnesses in children. In order to keep children safe and healthy amid air pollution and smog, it is recommended that parents keep the indoors as clean and purified as possible, **while limiting children’s exposure to highly populated areas with smog.** However, as previously mentioned, families in low-income, urban areas of the world may have limited or no access to such protective resources and, instead, for reasons of necessity and survival, must remain in hazardous conditions

## Environmental Justice

**Quality air is essential in maintaining and protecting the public’s health, however, sadly, environmental injustice prevails on both a national and global scale.** As discussed, minorities, especially minority women and children, are particularly vulnerable to such injustices, as they are the most likely to be located in densely populated areas with a significant amount of transportation and smog. In order to counteract the disparate effects of air pollution, it is essential that energy-efficient practices are encouraged, and that the administration and states work together to establish environmental policies that aim to achieve clean air for all.

For more information, read *The Book of Resolutions of the United Methodist Church 2016*, “Energy, Protection of Water, Environmental Health” (pages 43–81) and “Climate Change” (Chapter 160.I, The Natural World).

Respectfully submitted,

Lisa George  
Arlington District UMW  
Social Action Coordinator  
lgeorge7@cox.net



# Education and Interpretation

Dana Connor

## Mission, Education and Interpretation

Welcoming in the new year, we are reminded that the entire program and organization of United Methodist Women focuses on mission. Since its inception we have focused on ministries with women, children and youth.

In addition to our mission support, nationally, we support programs and projects aimed at improving special needs of women, children and youth because of their refugee status, their immigration statuses, situations where they are abused, their high illiteracy rate in some countries, their economic dependence, their educational disparities and much more.

## Global Migration and Immigration Rights

United Methodist Women's immigration initiative is part of our ongoing commitment to racial justice, and civil and human rights. United Methodist Women seeks to welcome immigrants and advocate for just immigration policies.



## Advocacy and Education

**Here's how you can help locally.**

Challenge state anti-immigration laws, create a conference United Methodist Women Immigration Team, challenge U.S. immigration detention and deportation policies, learn about the United Methodist Policy on immigration, organize a public witness for immigration rights, visit migrants in detention in your community.

For more information go to <https://www.unitedmethodistwomen.org/immigration>

*Those who say, "I love God," and hate their brothers or sisters, are liars; for those who do not love a brother or sister whom they have seen, cannot love God whom they have not seen. The commandment we have from him is this: those who love God must love their brothers and sisters also. —1 John 4:20-21*

Dana Connor  
Education and Interpretation  
571-926-2800



# Spiritual Growth

Phyllis Kirkman

Faith is the seamstress  
who mends our torn belief  
who sews the hem of childhood trust  
and clips the threads of grief.  
Joan Walsh Anglund

A seamstress takes large pieces of material and cuts them to size. Then with the help of a needle and thread and buttons, she goes to work to create a finished piece. Sometimes, in the beginning, it is hard to imagine a finished product. But the seamstress believes it is possible and goes to work on it.

Faith is like a seamstress. Faith is what can pull all the unfinished pieces of life into some sort of order. Faith is what lets us know we are all right even when life doesn't seem to make sense. We all need the faith to believe our skills and dreams, and even our heartaches can be sewn into a shape that is beautiful and useful.

Our faith is the seamstress who guides the needle, mends the tears, and helps create a shape and meaning to our lives.

From Today's Gift

All of us have reasons to be grateful. Usually, the word implies we have received something. We often think of gratitude as that warm feeling we get over someone else's generosity. We are particularly grateful when we get unexpected gifts from those who owe us nothing. Within a family, we expect such acts of love because we are close to one another.

But gratitude doesn't always come from being a receiver. Gratitude is warmest when it accompanies the joy of being able to give without expecting anything in return. We find it isn't enough to feel grateful. We have to express our gratitude by showing kindness and service to everyone around us.

Gratitude is the greatest of all heart-openers. When it enters the heart, love pours out. For every kindness we receive, gratitude inspires a hundred acts of giving.

From Today's Gift

# Spiritual Growth

Phyllis Kirkman

## Winter's Artist

Morning shimmers on sunbeams  
As she bids adieu to the night.  
A cardinal gaily frolics  
O'er drifts of luminous white.

Trees are wearing ermine wraps  
And sparkling diamond crowns.  
Windows of frosty filigree  
Rival lacy wedding gowns.

A master Artist is our Lord  
Who crafts this winter scene,  
Then with His stroke of genius,  
He gives us springtime green.  
Nora M. Bozeman

## Lovely Winter

Lovely Winter dressed in white  
Sparkles in the dark of night,  
Gentle snowflakes falling down,  
Nature wears a snow-white gown,  
Magical without a doubt,  
Wondrous beauty all about.

Lovely winter--bright and bold  
Lends a charm of breathless cold,  
Frosty pictures race each pane,  
January smiles again,  
Glimpse of wonder in each flake  
Covering the frozen lake.

Every branch and every bough  
Dressed in lovely splendor now,  
God's own handiwork supreme,  
Helps our hearts to weave a dream,  
'Til March brings us birds on wing  
Welcoming the gorgeous Spring.  
Garnett Ann Schultz

These three are from A Golden Treasury of Salesian Classics

## A Little Bit of Heaven

**I wonder why it's so hard**  
For some of us to see  
That a little bit of Heaven  
Can come from you and me.

With just a friendly smile  
Given kindly from the heart,  
**Can lift a person's spirits**  
And set their day apart.

So why not give the gift  
That costs us not a thing;  
But its value can be priceless,  
And make a sad heart sing!  
Margaret A. Boyle

# Program Resources

Phyllis Kirkman

Dear Ladies,

Much as I regret to inform you, it must be done. The national office has decided to no longer allow us to order books on consignment for our special events. We will still have prayer calendars and program books but other books will be limited since we will not be able to return what doesn't sell.

The district has decided to order a few books per event (hopefully one per category) which we will have to keep until sold. If there are any specific titles that you are interested in, please let me know. I will make sure to order them. One I would like to recommend is Threading my Prayer Rug. Another is the Wesley Challenge. This is meant to be read over a period of 21 days, one question per day (about three pages). As a short-term study, you would meet once a week for three weeks/ one per section.

There are a couple of books available through Fairfax County Library. They are Same Sky and Where Do We Go From Here?

The lending library is still in operation. You can request two books from each category. You have three weeks to read them and send them back. You do pay postage. I have done this as an individual, but you can do it for your unit, you just have to be sure to get the books back.

My e-mail address is [umwspirit@gmail.com](mailto:umwspirit@gmail.com). Please let me know if there are specific books you want me to have available at Training Day in January. I will be placing that order somewhere around the 1st. Those books would be held in reserve for you.

Thank you.

Phyllis Kirkman, Program Resources



# Arlington District United Methodist Women 2019 Calendar

**PURPOSE**  
of the United  
Methodist Women

The organized unit of UNITED METHODIST WOMEN shall be a community of women whose PURPOSE is to know GOD and to experience FREEDOM as whole persons through JESUS CHRIST; to develop a creative, supportive FELLOWSHIP; and to expand CONCEPTS OF MISSION through participation in the global ministries of the church.

Event	Date
Arlington District Training Day @ Dulin UMC	January 26, 2019
UM Day @ The General Assembly, Richmond	January 31
Arlington District Training Day @ Dulin UMC	Feb. 2 (snow date)
Bi-District Birthday Bash @ Mt. Olivet UMC	March 9
Conference Spiritual Life Retreat @ Eagle Eyrie	May 3-5
Arlington District Spring Prayer Breakfast @ Centreville UMC	May 18
UMW Day @ Ferrum College	June 1
Arlington District Vesper Service @ tbd	June 1
UMW Breakfast @ Conference in Roanoke	June 21
UMW 150th Anniversary Celebration @ Conference in Roanoke	June 22
Mission Encounter @ 4H Center at Smith Mountain Lake	July 26-28
<b>Young Women's Retreat @ Camp Overlook</b>	September 13-14
Arlington District Annual Meeting @ tbd	September 28
47th Conference Annual Meeting @ Reveille UMC, Richmond	October 26

## Arlington District United Methodist Women Officers for 2019

### ELECTED OFFICERS

#### President

Doris Douglass  
7213 Vellex Lane  
Annandale, VA 22003  
703-642-0661  
DorisDouglass@msn.com

#### Vice President

*Vacant at this time*

#### Secretary

Janet Keener  
1803 Midlothian Court  
Vienna, VA 22182-3428  
703-281-7685  
Janet\_Keener@cox.net

#### Treasurer

Beth Meserve  
507 N. Brighton Ct.  
Sterling, VA 20164-3919  
703-404-0542  
beth.meserve@gmail.com

### MISSION COORDINATORS

#### Education and Interpretation

Dana Connor  
39400 Buchannon Gap  
Aldie, VA 20105  
571-926-2800  
office@aldieumc.org, dana@siblingtunes.com

#### Social Action

Lisa George  
7401 Eastmoreland Rd #422  
Annandale, VA 22003  
703-623-8071  
LGeorge7@cox.net

#### Membership Nurture and Outreach

*Vacant at this time*

#### Spiritual Growth

Phyllis Kirkman  
8234 Winder St  
Vienna, VA 22180-6962  
703-281-1305  
umwspirit@gmail.com

#### Secretary for Program Resources

*Vacant at this time*

### NOMINATIONS COMMITTEE

*Vacant at this time*

### APPOINTED OFFICERS

#### Editor of the Tapestry

Frances Ellis  
2933 Fox Mill Road  
Oak Hill, VA 20171-1527  
703-476-1127  
fwellis@aol.com



For general information about Arlington District UMW, e-mail  
[arlingtondistrictumw@gmail.com](mailto:arlingtondistrictumw@gmail.com)



# ARLINGTON DISTRICT UMW TRAINING DAY

**JANUARY 26, 2019**



January 26, 2019  
Snow Date: February 2, 2019  
9:00 AM—NOON  
Dulin UMC  
513 East Broad Street  
Falls Church, VA 22046  
(703) 532-8060



## United Methodist Day at the General Assembly

Thursday, January 31, 2019 7:00 AM - 3:30 PM



Ever wanted to know how to create real change in our state government? Ever wanted to know more about real issues facing our legislature? United Methodist Day at the General Assembly is the place for you! This is our opportunity to help faith communities become empowered to serve as missionaries of justice, as well as the more traditional missionaries of mercy.

JOIN US for the BRIEFING  
Wednesday, January 30  
7:30 p.m.

Registration  
Space is LIMITED.

Registration is now open for United Methodist Day at the General Assembly. Many people are looking for productive ways to be involved in our communities and helping to shape our communities future. Learning more about how our Commonwealth's Legislature works, meeting the people who work there, and learning more about the issues before them at this next session are fantastic ways to begin. We will also help you be involved throughout the year in letting your voice and opinion be heard.

Register today: <https://www.eiseverywhere.com/umday2019>  
Register before Christmas for a discount!

Please note there are NO paper registration forms.

Questions may be directed to the Rev. Barbara Lewis at [BarbaraLewis@vaumc.org](mailto:BarbaraLewis@vaumc.org) or (434) 594-6241.

*Presented by the Board of Church & Society and The United Methodist Women of the Virginia Conference.*



# Bi-District Birthday Bash



Celebrating 150 Years of Women in Mission  
You're invited to the party!

March 9, 2019

10:00 AM—2:00 PM

Mt. Olivet UMC  
1500 N Glebe Rd, Arlington, VA

Hosted by the Arlington & Alexandria Districts  
United Methodist Women

We will be collecting canned goods and toiletries for Rising Hope

**REGISTER BY FEBRUARY 28, 2018**

**NAME** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**Phone** \_\_\_\_\_

Registration is \$15.00 (Includes lunch).

Make check out to:  
Arlington District UMW

Send check and Registration to:  
Beth Meserve  
507 North Brighton Court  
Sterling, VA. 20164-3919



# SAVE THE DATE

**MAY 3-5, 2019**

**SPIRITUAL LIFE RETREAT**

**“HAVING TEA with JESUS”**

**Retreat Leader: Reverend Dawn Marie Singleton**

**Eagle Eyrie Baptist Conference Center**

**Lynchburg, VA 24503**



**SAVE THE DATE**  
**Young Women's Event**  
**September 13-14, 2019**



**The Year of God's Women:**  
**Navigating Our World as Women Who are**  
**Called, Empowered, and Made in the Image of**  
**God**

**Leader: Rev. Genevieve M Bowles**

**Blessings Lodge; Camp Overlook**

**3014 Camp Overlook Lane**

**Keezletown, VA 22832**