



Mission Tapestry

Arlington District United Methodist Women

Vol. XXXX, No. II

April 2019

PURPOSE of the United Methodist Women

The organized unit of UNITED METHODIST WOMEN shall be a community of women whose PURPOSE is to know GOD and to experience FREEDOM as whole persons through JESUS CHRIST; to develop a creative, supportive FELLOWSHIP; and to expand CONCEPTS OF MISSION through participation in the global ministries of the church.

The Mission Tapestry is a publication of the Arlington District United Methodist Women. Its goal is to keep units at the local/ congregation level informed about opportunities for living out our PURPOSE. It is published quarterly—January, April, July, and October.

Articles for publication are welcome and should be directed to ArlingtonDistrictUMW@gmail.com by the 1st of the publication month.

Check out our website at www.ArlingtonDistrictUMW.org

District President's Message

Hello everyone,

By now I hope the warm weather is well established and we are enjoying **warm temperatures daily**. Let's hope it will be warm for Easter and we can hide the eggs outside.

I am sure most of you know the results of the Special Session of the General Conference held in February on a Way Forward. Whatever your personal feelings are it is important to understand what happened and what is yet to come. It is also important to know what we can do as United Methodist Women during this time in our history. Harriett Jane Olson posted a video on YouTube that addresses this topic. I would encourage you to watch it and mention it to others as well. It could be used as part of a program, with discussion after. The video is about six minutes long. Go to You Tube and type in **Harriett Jane Olson and it "should" be the first one**. If you need help, ask a friend and watch it together. Her other videos are there as well.

A great time was had by all at the Bi-District Birthday Bash in March. We had about 65 or so attend. Everyone **seemed to enjoy our "Step Back in Time" skit by Willi Dalaba, and the costumes looked great**. Our final count on the Birthday Cards was 102, 44 mailed to destinations in the U.S. and 56 sent internationally. Do you know there is an international Forever stamp? The cost is \$1.15, and it covers cards/letters up to one ounce and not one of our cards was over. We even had enough funds left to pay for all the postage!! Great! The offering provided \$918.00 for the Legacy Fund, which was divided evenly

between the two districts. That way both districts get credit for the donations. I would like to say a big thank you to the ladies at Mt. Olivet. They did an **out-standing job hosting this event**. A **"shout out" thank you to our sisters from the Alexandria District** for their help to make the Birthday Bash such a success.

Some of you may not be aware of the Wesley Resource Learning Center. It is a group of United Methodist Women from the Virginia and Baltimore/Washington Conferences. We meet at Wesley Theological Seminary. The goal of this group, in a nutshell, is to help seminarians and pastors increase their knowledge and understanding of United Methodist Women. We are looking for a few women who **would like to help us "get the word out"**. I would be glad to talk with anyone interested.

The Conference Spiritual Life Retreat is coming up the first weekend in May, followed two weeks later by the District Prayer Breakfast May 18th, at Centerville UMC. There are flyers for both events later in the Tapestry. We are having the Pot Luck and Vespers again this year, June 1st, at Sterling UMC. It was well attended last year despite the rainy weather, so we decided to do it again. Everyone please encourage women to support our District and Conference events. I hope to see you soon at one or all these events.

Please continue to be in prayer for our Conference President, Mary Jane Rawley as she recovers from kidney stones.

Blessings,
Doris

VIRGINIA CONFERENCE UNITED METHODIST WOMEN
SPRING BUSINESS MEETING REPORT
MARCH 29TH AND 30TH, 2019

The Virginia Conference United Methodist Women Executive Committee meets twice a year, in the spring and fall. All district presidents are on this team and give a report on how things are going in their districts. I was excited to talk about the Bi-District Birthday Bash and all the things we did. I get helpful information and updates that need to be passed on to our members, so take note.

In June at Annual Conference we will be electing Delegates to the 2020 General Conference, May 5-15, Minneapolis, Minnesota. Usually the UMW Conference President is on this ballot as a possible delegate. Karen McElfish, Conference Social Action Coordinator, will be representing UMW on the ballot this year. If you are a delegate from your church, please vote for her and any other UMW you see on the ballot. If you are not a voting member, please ask your delegate or delegates to vote for her. We need UMW to be represented at the 2020 General Conference.

I have tickets for the United Methodist Women's Breakfast at Annual Conference. The breakfast is on Friday, June 21, 6:45am. Note that this is a change, it is usually on Saturday. The cost is \$18.00, and it is a buffet breakfast. The speaker is Darlene Amon, former Conference UMW President and member of the 2019 General Conference Virginia Delegation. Tickets can be purchased from me or on line at <https://www.eiseverywhere.com/4061581>. Tickets will be available at the Spring Prayer Breakfast.

Spiritual Life Retreat is at Eagle Eyrie Baptist Conference Center again this year, May 3-5. I understand there were some issues moving between sessions and bathroom locations. They have tried to solve or minimize these. However, the small groups will still be downstairs. Private bedrooms are limited, so, you may have to share the room and the queen size bed. This would be someone you know of course. Please write the name of the person you are willing to share with on the registration form. **The program is "A Second Cup of Tea with Jesus". Some of you may remember a program Rev. Dawn Marie Singleton did a few years ago, "Having Tea with Jesus". This is not the same. There will be three focus groups to choose from, making a Fairy garden in a tea cup, chair yoga, and Eastern lettering/drawing as meditation. You can only choose one. Bring a tea cup for the Fairy garden. Registration forms are available on line and later in this issue of the Tapestry.**

Mission Encounter is July 26-28, at Smith Mountain Lake 4-H Center. Information and registration forms are on the Conference web site and is later in this issue of the Tapestry. I will have registration forms at the Spring Prayer Breakfast.

Karen McElfish, Social Action Coordinator, will focus on a living wage for all. Specifically, legislation related to sick leave pay. Presidents and Social Action, you will see information from Lisa George, our Social Action Coordinator, and Karen on this topic.

I am glad to answer any questions you might have.

Wow, that was a lot. I hope you hung in there to the end.

Thank you,
Doris Douglass
President
Arlington District UMW

Dear United Methodist Women,

We are so excited that the UMW are celebrating their 150th anniversary and wanted to send our congratulations! Lots of great friendships have been built, faith strengthened, and communities served through the many Virginia UMW groups. On behalf of one of those communities that have been served by the UMW, the All God's Children camp staff, mentors, and campers wanted to say thank you for all the years of support. Your generosity has allowed us not only to shower God's love



on our campers but has also helped to keep this valuable ministry going. In honor of this 150 year anniversary we were hoping that your chapter would consider donating \$150.00 to camp.

All God's Children Camp provides a week of sanctuary for children who face so many challenges in their lives: economic poverty; temporary living conditions; loneliness; low self-esteem; violence; and drugs. Many of the children feel like they do not fit in or are outcast because of the situation they have been put in at no fault of their own. Camp allows these children to take a break from their everyday struggles and allows them to just enjoy being a kid. Through God's beautiful outdoors, children get a chance to swim, bike, fish, play field games, enjoy bonfires and to remember that they are fearfully and wonderfully made in God's image.

This amazing experience is provided at no cost for the children to attend, other than a \$10 registration fee. Through donations from the Virginia United Methodist Conference, our local United Methodist churches and other organizations such as the United Methodist Women, we are able to make this possible. The cost is \$425 per camper and we send 90 children to camp each summer. This year, our goal is to raise \$60,000 to ensure our three camps are successful.

If you are able, we would appreciate your support. Any amount would be helpful. Please feel free to contact me if you would like more information or if you would like someone to come out and speak to your group. Donations should be made payable to All God's Children Camp and can be sent to: Virginia United Methodist Conference, P.O. Box 5606, Glen Allen, VA 23058, Attn: Becky Tate.

Much love and peace,

A handwritten signature in black ink that reads "Lori Smith". The signature is written in a cursive, flowing style.

Lori Smith
All God's Children Camp Director
P.O. Box 5606
Glen Allen, VA 23058
litlelori@gmail.com
57-245-9591

Secretary

Janet Keener



Dear *Sisters*,

It's April and springtime! It's time to remember and honor the resurrection of our Savior, Jesus Christ. What a Blessed time to share with family, Church family, and friends. Of course, these may overlap and/or be the same for many of us!

In looking at my Facebook last evening, I came across the "parable" below. It is a poignant reminder to always remember that *we are God's children and His precious gift to us!*

"You Took My Parking Space"

One day, a man went to visit a church. He got there early, parked his car and got out. Another car pulled up near the driver, got out, and said, "I always park there! You took my place!"

The visitor went inside for Sunday School, found an empty seat and sat down. A young lady from the church approached him and stated, "That's my seat! You took my place." The visitor was somewhat distressed by this rude welcome but said nothing.

After Sunday School the visitor went into the sanctuary and sat down. Another member walked up to him and said, "That's where I always sit! You took my place! The visitor was even more troubled by this treatment, but still said nothing.

Later as the congregation was praying for Christ to dwell among them, the visitor stood up, and his appearance began to change. Horrible scars became visible on his hands and on his sandaled feet. Someone from the congregation noticed him and cried out, "What happened to you?" The visitor replied, as his hat became a crown of thorns, and a tear fell from his eye, "I took your place."

When you read this, say a prayer, share it with a friend. Maybe, just maybe, we can get the world to start thinking of who took our place.

Remembering our many Blessings from God, we hope you will join us for our *Spring Prayer Breakfast* (May 18, 2019), and *Vespers and Potluck* (June 1, 2019), as well as Virginia Conference UMW events. We will keep you posted as plans for these events develop. See you there!!!

God Bless,
Janet
janet_keener@cox.net



Treasurer

Beth Meserve

Special Mission Recognition



Did you know that you can give Special Recognition Pins to anyone in your church that deserves Special Recognition? **It doesn't have to be a United Methodist Woman.**

Here is a picture of the recipients of 2018 Special Mission Recognition Pins from Sterling United Methodist Church. From left to right are Maryann Craig, Don Meyer, Donna Meyer. Yes, you can honor a man as well as a woman.

Maryann Craig is present at almost every mission event of Sterling UMC, usually in the background performing a thankless task of one kind or another. She has for several years managed the clothing aspect of our annual Rummage Sale, which funds our mission programs for the year. During our semi-annual pancake breakfast, she can frequently be found in the kitchen washing dishes. She also participates monthly in our Grace Ministries program, once again managing the clothing. She has been on multiple mission trips, particularly to Sager Brown where she helps with UMCOR kits.

Don and Donna Meyer have volunteered as short-term missionaries to Red Bird Mission in Kentucky through UMVIM. They are tireless volunteers for our annual Rummage Sale and monthly Grace Ministries. Both have been on countless mission trips through Sterling UMC. Don is a chaplain for Loudoun Hospital, and helps our pastor by visiting those in our church who are in the hospital or who need home visits.

I'm sure you know many servants like this who are deserving of recognition. There are two ways to honor worthy recipients.

1. Order a Special Recognition Pin through your local Treasurer. They should use the Special Mission Recognition Order Form. There are several different types of pin you can order. These are listed at the bottom of the order form. Costs range from \$40 up to \$2000. (Most people go for the elegant but simple \$40 pin.)

Fill out the form and send it to me, your District Treasurer. Be sure to fill in the space which tells where to send the pin. Pins usually arrive within 30 days of the order, along with a certificate showing the name of the recipient.

These do not have to wait for quarterly payments; they can be sent in at any time during the year. I order the pins as soon as I receive the form and payment. **DO NOT** include these on the quarterly payment forms.

2. Become a Rainbow Giver. Use the Virginia Conference Rainbow Giver Form which is

Treasurer

Beth Meserve

included in this edition of the Tapestry. The cost to become a Rainbow Giver is \$60.

This includes the following:

- \$40 for the Special Mission Recognition Pin
- \$ 5 Pledge to Mission
- \$ 5 Gift to Mission
- \$ 5 Special Recognition (Gift) in Memory
- \$ 5 World Thank Offering
- \$60 Total

The District Treasurer (me) will apply the money to the appropriate places. You may choose a Gift to Mission card to send out that states that a Gift has been given to United Methodist Women missions in their honor. The Special Recognition (Gift) in Memory is for the family of someone you wish to remember with a gift to the United Methodist Women missions in their memory. You can choose to have the cards sent to you, the Rainbow Giver, to send out, or you can fill in the appropriate fields on the form and I will send them out for you.

A bonus to becoming a Rainbow Giver is that it immediately qualifies your unit as a 5-Star Unit. Your unit will be recognized at the District Annual Meeting.

If you have any questions about any of the above, please contact me. I will be happy to help you in any way I can.

Your Sister in Christ
 Beth Meserve
 507 N Brighton Ct.
 Sterling, VA 20164
beth.meserve@gmail.com
 703-404-0542



You can also order the limited edition UMW 150 pendant with chain which proudly displays United Methodist Women's years of service 1869 and 2019, and the colorful 150th anniversary logo in soft enamel. The necklace is modestly priced at \$50, with all the proceeds going to the Legacy Fund. Approximate length of chain is 20 inches.



Treasurer

Beth Meserve

VIRGINIA CONFERENCE UMW RAINBOW WOMAN

Yes, YOU can become a RAINBOW WOMAN! Have you thought about you personally giving to all five channels of giving?

A Rainbow Women gives to all five channels of giving:
 \$40 to give someone special a Special Mission Recognition Pin
 \$ 5 Pledge to Mission
 \$ 5 Gift to Mission
 \$ 5 Special Recognition in Memory
 \$ 5 World Thank Offering
 \$60 Total



Your \$60 RAINBOW WOMAN offering must specify that you are giving to the above five channels and designate who you want your pin to go to, who your Gift in Memory is for and that you are giving that \$60 for a Rainbow Woman. If you simply give \$60 to your unit treasurer, you will not be a Rainbow Woman. You must designate that it is for Rainbow Woman giving.

1. Special Mission Recognition Pin in ___Honor or ___Memory of:

(Please check appropriate box) (Name of person being honored or memorialized)

Send pin to: (Name) _____

(Address) _____

2. Pledge to Mission

3. Gift to Mission Card – Which card to send?

(Thank You, Baby, Birthday, In the Service of Christ, etc.)

Send card to: (Name) _____

(Address) _____

4. Gift in Memory: In Memory of:

(Name of person in whose memory the gift is made)

Send card to: (Name) _____

(Address) _____

5. World Thank Offering

Given by (Rainbow Woman's Name) _____

Address: _____

City, State, Zip: _____

District _____

All components must be submitted to your Unit Treasurer at one time. We suggest that this Rainbow Woman gift be given in addition to your regular pledge to mission.

If you have any questions about becoming a Rainbow Woman, please contact District Treasurer Beth Meserve.

Social Action

Lisa George



United Methodist Women Living Wage for All Campaign What Will It Take?

United Methodist Women's Living Wage for All Campaign seeks to engage members as allies in passing state legislation that lays the base for a living wage for everyone. The living wage is more than the minimum wage—it's **what it takes for a family to meet basic needs of housing, food, transportation, utilities, etc.** See <https://www.unitedmethodistwomen.org/living-wage-list?state=VA> to get more information on Virginia. According to MIT, the national living wage is calculated at \$67,000 per year before taxes for a family of four with two workers, both working at an hourly wage of \$16.07 per hour. As part of the Living Wage for All Campaign, United Methodist Women is joining faith and labor coalitions working to raise the minimum wage to \$15 per hour. But that will not be enough to guarantee a living wage for families. In most states this rate will be implemented over several years and it is still below the living wage. There are many other reasons that workers do not make a living wage even if the hourly minimum wage were adequate:

- Wage theft: employers may steal wages by not paying overtime, altering time slips, etc.
- Scheduling: **employers may not give workers enough hours for a full week's pay.**
- Tipped workers earn a lower minimum wage and rely on tips to make up the difference.
- Domestic workers do not fall under labor regulations. While they legally should earn minimum wage, this work is rarely monitored and often functions outside the formal economy.
- Most farm workers have the legal right to earn the minimum wage. However, there is little enforcement, in part because they are not guaranteed the right to organize in unions.
- When employers do not pay sick leave, family leave, holidays or benefits, workers must pay out of pocket. This cuts into already slim earnings.

A Racial Justice Issue – yesterday and today

President Franklin Roosevelt cut a deal with Southern segregationist lawmakers in order to pass the New Deal. The Social Security Act of 1935 excluded farmworkers and domestic workers from receiving unemployment insurance and social security retirement benefits. Sixty-five percent of African Americans were excluded from these programs at the time. The Fair Labor Standards Act of 1938 excluded domestic workers and tipped workers, mostly black, from the new minimum wage.

Today farmworkers, domestic workers and tipped workers, now mostly immigrants of color, must officially be paid the federal minimum wage. In practice this is often not the case. The National Labor Relations Act of 1935 excluded domestic workers and farm workers from the right to organize in unions. This prevents them from working together as a group for their rights. These workers of color,

Social Action

Lisa George

many of them women, continue to be the lowest paid and most exploited.

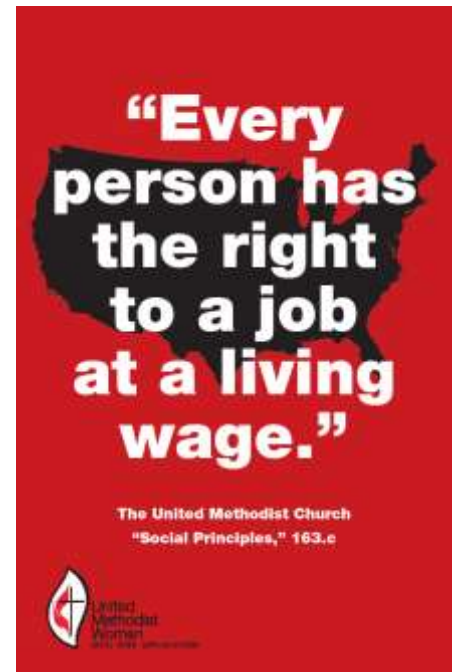
United Methodist Women members seek ways to advance the minimum wage in their state. These might include:

- Legislation to raise the minimum wage.
- One Fair Wage ballot measures so that tipped workers make the same minimum wage.
- **State Domestic Workers' Bill of Rights** to establish legal rights for domestic workers.
- Support **Farm Workers' organizing efforts to raise wages through growers' contracts and corporate supply chains.**
- **Protecting worker's right** to organize, a right guaranteed in international law.
- Legislation mandating pay-stubs, to challenge wage theft.
- Increasing inspections to enforce wage and labor law to challenge violations
- Updating overtime laws to restore the 40-hour workweek.
- Increase the income threshold for mandatory overtime to \$47,476/year (which would still exclude domestic workers and farm workers).
- Legislation for paid sick and family leave (which would still not apply to domestic workers and farm workers).
- Advocating for women to be paid the same as men for equal work, and have the opportunity to move into higher paid labor sectors and positions.
- Local living wage ordinances.

To learn about legislative efforts in your state, see: unitedmethodistwomen.org/living-wage-map.

For more information on how to get involved, contact: livingwage@unitedmethodistwomen.org
#LivingWage4All

Respectfully submitted,
Lisa George
ADUMW
Social Action Coordinator
lgeorge7@cox.net



Education and Interpretation

Dana Connor

With the beautiful greens of spring, we are reminded of renewed life and the opportunity that giving to others affords us. As part of Living into Our Purpose, we are reminded of the five channels of mission giving.

United Methodist Women members help empower and improve the lives of women, youth and children in the United States and around the world.

About 70 percent of Mission Giving funds from members go to programs and projects supporting women, children and youth. Around 20-30 percent stays with the local, district, and conference organizations of United Methodist Women for local mission. Only 9 percent covers administrative costs.

Pledge to Mission

An individual member's Pledge to Mission is the amount a woman gives to her local unit to help fulfill the Purpose of United Methodist Women.

The conference United Methodist Women pledges a specific amount to United Methodist Women's national office for mission with women, children and youth and retains a designated percent to be used for district and conference administration and membership development expenses.

World Thank Offering

Spontaneous additional gifts can be given out of gratitude for God's abundance and in celebration of the joys of life.

The World Thank Offering is an opportunity for individuals to respond to God's abundance and grace with spontaneous gifts of gratitude. The funds collected are used in the total program of mission carried on through United Methodist Women's national office in the United States and around the world.

Special Mission Recognition Pins and Certificates

These pins offer a meaningful way to honor members who have dedicated so much time and effort to service. Gift amounts range from \$40 to \$2,000. Pins are purchased through a treasurer.

Gift to Mission

Make a gift in honor of someone and send a card to the honoree. The following cards are available: Congratulations, Thank You, A Baby, In the Service of Christ, A Special Day, Thinking of You, Happy Birthday and assorted Christmas cards.

Gift in Memory

Give a gift in memory of a member, a friend or anyone, in any amount of \$5 or more. Gift in Memory cards, available free, may be sent to the family of the deceased.

The following link connects you to the Mission Brochure - <https://www.unitedmethodistwomen.org/downloads/mission-giving-five-channels-of-mission-giving.pdf>

Dana

Spiritual Growth

Phyllis Kirkman

Here are some web sites I find helpful:

- WalkDeep.com,
- Crosswalk.com/devotionals,
- BackToTheBible.org/devotions,
- umcdiscipleship.org/a-litany-for-the-church-and-for-the-world,
- umcjustice.org/news/litanyforThanksgiving,
- umc.org/topics/topic-prayers-and-meditations.

I hope you find them helpful, too.

And, two prayers I found that I like:

Oh Great Spirit, Whose voice I hear in the winds, and Whose breath gives life to all the world, hear me. I come before You, one of Your many children. I am small and weak. I need Your strength and wisdom.

Let me walk in beauty and make my eyes ever behold the red and purple sunset. Make my hands respect the things You have made, my ears sharp to hear Your voice. Make me wise so that I may know the things You have taught my people, the lesson You have hidden in every leaf and rock.

I seek strength, not to be superior to my brothers, but to be able to fight my greatest enemy----myself. Make me ever ready to come to You with clean hands and straight eyes, so when life fades as a fading sunset, my spirit may come to You without shame.

Chief Yellow Lark

Most High Father God, may Your love go into all parts of the earth, and may the people of all nations learn to know your great truths and goodness through Jesus Christ, and so be able to teach their children that only through Him can the peoples of this world have true happiness and lasting peace.

Australian aborigine Christians

Blessings,
Phyllis

Program Resources

Phyllis Kirkman

Hi all,

As we are heading into summer, please try to make time to do some reading. Some books I have really enjoyed are:

Ahimsa - In 1942, after Mahatma Gandhi asks Indians to give one family member to the freedom movement, ten-year-old Anjali is devastated to think of her father risking his life for the freedom struggle. **But it turns out he isn't the one joining, Anjali's mother is, and with this change will come many more adjustments.** (Youth EM)

Threading My Prayer Rug - Threading My Prayer Rug is a richly textured reflection on what it is to be a Muslim in America today. Beginning with a sweetly funny, moving account of her arranged marriage, the author undercuts stereotypes and offers a refreshing view of an American life through Muslim eyes. (EM)

Weird! - **Luisa is repeatedly teased and called "weird" by her classmate Sam, even though she is simply being herself—laughing with her friends, answering questions in class, greeting her father in Spanish, and wearing her favorite polka-dot boots. Luisa initially reacts to the bullying by withdrawing and hiding her colorful nature. But with the support of her teachers, parents, classmates and one special friend named Jayla, she is able to reclaim her style and withstand Sam's put-downs.** (Children LD)

The Same Sky - Alice owns a barbecue restaurant with her husband, Jake, in Austin, Texas. They have a loving marriage and thriving business, but Alice still feels that something is missing. Carla is a **strong-willed young girl who's had to grow up fast, acting as caretaker to her six-year-old brother, Junior, in Honduras.** When their grandmother dies and violence in the city escalates, Carla takes fate into her hands and she and Junior join the thousands of children making the perilous trek across Mexico to America. In this elegant and touching novel, the lives of Alice and Carla intersect in a profound and surprising way as they each search for a place to belong. (NC)

When did Everybody Else Get So Old - **Jennifer Grant's unblinking, good-humored and hope-filled look at the transitions of middle age. Exploring the physical, spiritual and emotional changes unique to the middle years, this is a must-read for anyone facing the flux and flow of age 40 and beyond.** (NC)

Wesley Challenge - In The Wesley Challenge, small groups or whole churches will spend three weeks working through twenty-one questions that engage their physical, spiritual and emotional lives and their relationship with God and others. The challenge will inspire readers to a new kind of commitment, one that is more authentic, vulnerable and soul-shaping, resulting in a renewed passion to discover deeper levels of commitment to God and others. (SG)

What We Need is Here - What happens when you stop reading about God and open yourself to an ever-deepening relationship with God? Return to the heart of Christian spirituality with L. Roger Owens. It is simple, yet complex: Jesus is enough. Jesus offers every - thing you need to flourish in your life with God. (SG)

Remember you can use the lending library to get books and you only pay for shipping.

Thank you.

Phyllis Kirkman, Program Resources



Arlington District United Methodist Women 2019 Calendar

PURPOSE of the United Methodist Women

The organized unit of UNITED METHODIST WOMEN shall be a community of women whose PURPOSE is to know GOD and to experience FREEDOM as whole persons through JESUS CHRIST; to develop a creative, supportive FELLOWSHIP; and to expand CONCEPTS OF MISSION through participation in the global ministries of the church.

Event	Date
Conference Spiritual Life Retreat @ Eagle Eyrie	May 3-5
Arlington District Spring Prayer Breakfast @ Centreville UMC	May 18
UMW Day @ Ferrum College	June 1
Arlington District Vesper Service @ Sterling UMC	June 1
UMW Breakfast @ Conference in Roanoke	June 21
UMW 150th Anniversary Celebration @ Conference in Roanoke	June 22
Mission Encounter @ 4H Center at Smith Mountain Lake	July 26-28
Young Women's Retreat @ Camp Overlook	September 13-14
Arlington District Annual Meeting @ tbd	September 28
47th Conference Annual Meeting @ Reville UMC, Richmond	October 26
Arlington District Mini Mission @ Oakton UMC	November 9

Arlington District United Methodist Women Officers for 2019

ELECTED OFFICERS

President

Doris Douglass
7213 Vellex Lane
Annandale, VA 22003
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DorisDouglass@msn.com

Vice President

Vacant at this time

Secretary

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Vacant at this time

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Secretary for Program Resources

Vacant at this time

NOMINATIONS COMMITTEE

Vacant at this time

APPOINTED OFFICERS

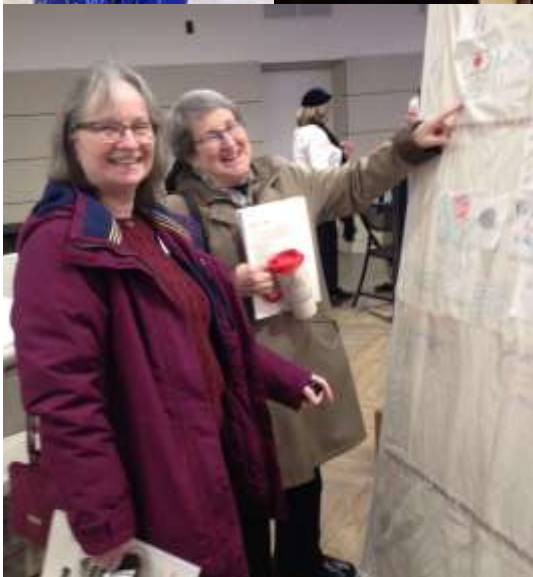
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Pictures from the Bi-District Birthday Bash



VIRGINIA CONFERENCE UNITED METHODIST WOMEN
SPIRITUAL LIFE RETREAT
May 3 – 5, 2019



A Second Cup of Tea With Jesus

Retreat Leader:
Rev. Dawn Marie Singleton

Eagle Eyrie Baptist Conference Center
1 Eagle Eyrie Drive
Lynchburg, VA 24503
434-384-2211

Rev. Dawn-Marie Singleton, Retreat Leader

Rev. Dawn-Marie Singleton is the Pastor of Oakton United Methodist Church in Oakton, Virginia. She is an ordained elder of the Virginia Annual Conference and has served churches in the Alexandria, Winchester, (former) Portsmouth, Harrisonburg and Arlington districts. She graduated with her BA in English from Atlantic Christian College, now Barton College, in 1990. She received her Masters of Divinity degree from Duke Divinity School, Duke University in 1994. She has a daughter, Sarah-Grace, whom she adopted from Russia in 2008. Dawn-Marie enjoys scrapbooking, writing, swimming and reading. Her favorite past-time is spending time with daughter.

Mission Emphasis for Retreat: Wesley Community Service Center in Portsmouth, the only national United Methodist Women project in VA, needs **gift cards** in any amount from **Food Lion or Walmart**. The cards allow the Center to offer assistance for food or pharmacy items. Please bring a gift card(s) to the retreat.

Other items to bring to retreat: Bible, pen/pencil, paper, appropriate clothing for warmth or coolness, umbrella, comfortable shoes, and cash or checks for offering/ice cream social and the LOGO ITEMS. Bring your favorite tea cup to drink from.

Focus Groups: Chair Yoga, Eastern Lettering/Drawing as Meditation, and Fairy Garden in a Tea Cup. Bring a cup to plant your garden in.

May 3 – 5, 2019 Spiritual Life Retreat TENTATIVE Schedule

Friday evening

4:00 to 7:00 p.m. Registration (maps available)
 4:00 to 6:00 p.m. Get settled, explore & relax!
 6:00 p.m. Dinner, English Hall
7:15 p.m. Small Group Leaders meeting
 8:30 p.m. Vespers, Dogwood Hall

Saturday morning

7:30 a.m. Devotions,
 8:00 a.m. Breakfast, English Hall
 9:00-9:45 Free Time, Registration (maps available)
 9:45 a.m. Musical Praise, Dogwood Hall
10:00 to 11:00 a.m. Session I
11:15 to 12:15 p.m. Small Group I

Saturday afternoon

12:30 to 1:30 p.m. Lunch
1:45 to 2:30 p.m. Focus Groups
 Free Time
 2:45 p.m. Musical Praise, Dogwood Hall
3:00 to 4:00 p.m. Session 2
4:15 to 5:15 p.m. Small Group 2

Saturday evening

6:00 to 7:00 p.m. Dinner, English Hall
 7:15 p.m. Musical Praise, Dogwood Hall
7:15 to 8:30 p.m. Session 3
8:35 p.m. TBD
 9:00 p.m. Ice Cream Social

Sunday morning

7:30 a.m. Devotions, Dogwood Hall
 8:00 a.m. Breakfast, English Hall, and packing
9:00 to 10:00 a.m. Session 4
10:15 to 11:00 a.m. Small Group 4
 11:15 Musical Praise, Dogwood Hall
11:30 a.m. Worship and communion
 12:30 p.m. Lunch/Depart

**Virginia Conference United Methodist Women
 Spiritual Life Retreat
 May 3 – 5, 2019**

Name _____
 Street _____
 City _____ State _____ Zip _____
 Church _____ District _____
 Phone _____ Email _____
 Roommate(s) _____
 Teens: Age ___ Grade ___ Parent's name _____
 Are you a Young Woman (age 18-40)? Yes ___ No ___
 Are you a first timer? Yes ___ No ___
 Any condition requiring special room assignment, diet, etc? _____

Overnight Attendance: please check-in when you will arrive;

linens, soap, TP provided

___ Friday through Sunday (with Friday dinner) \$195.00
 ___ Friday through Sunday (without Friday dinner) \$184.00
 ___ Saturday (Sat. lunch at 12:30 - Sunday lunch) \$175.00
Private rooms limited, requests on first come, first serve basis
 Total for **Overnight registration** remitted \$ _____

NOTE: ABOVE PRICES DO INCLUDE ROOM, MEALS, AND \$20.00 REGISTRATION FEE.

Day Attendees: \$20 registration fee **plus cost of meals;**

participation begins upon arrival

___ Friday dinner \$11.00 ___ Saturday lunch \$10.00
 ___ Saturday dinner \$11.00 ___ Sunday breakfast \$9.00
 ___ Sunday lunch \$10.00
 Total for **Day registration** remitted \$ _____

Mail registration form and check for the total amount, payable to Virginia Conference United Methodist Women, to the registrar:
Joyce Winston: 2411 E Pembroke Ave., Hampton, VA 23664-1243, 757-851-6897, buckrowbeach@gmail.com

Registration deadline: April 24, 2019

Registration form also available on vaumw.com

SAVE THE DATE!!

Arlington District UMW

Spring Prayer Breakfast

*Saturday, May 18, 2019
9:00 am - 12:00 noon*

*Centreville United Methodist Church
6400 Old Centreville Road
Centreville, VA 20121*

Speaker: Sue Boltz

Southeastern Jurisdiction UMW





Ferrum College UMW Day
Saturday June 1, 2019
Living the Vision

“Only because of the strong leadership, executive abilities and vision of a few Methodist Women who were organized for mission work did the roots of Ferrum College begin here.”

- Ethel W Borne *“Because They Had Vision... United Methodist Women & Ferrum College, The First 100 Years”*

“The kind of education that has the power to transform is the kind that gets its hands dirty, the kind that digs into the challenges of our world.”

- Dr. David Johns, President Ferrum College

Live the Vision as we gather and celebrate Ferrum College United Methodist Women's Day. This year's program will feature Ferrum College Praise Band along with stories from our students and a glimpse of Ferrum College's future. All of this followed by a delicious lunch in the beautiful Blue Ridge Mountain Room.

Bring an item representing your UMW unit to add to our creative altar space

9:30 am Vaughn Chapel Registration, continental breakfast, music by Ferrum College Praise Band
10:15 am Vaughn Chapel *Living the Vision*
12:00 pm Franklin Hall Lunch

Name(s) [use back as necessary] _____

Address _____

Phone/Email _____

Church _____

District _____

Total number _____

Registration \$ _____

Housing \$ _____

\$17 covers program and lunch.
Please register by May 15

Make Checks payable to:
Ferrum College
Ferrum College UMW Day
c/o Rev. Dr. Jan Nicholson Angle
PO Box 1000
Ferrum, VA 24088

Housing Available \$42 per person
(Based on double occupancy;
includes linens and hot breakfast)

For more information
Ferrum College Spiritual Life Office
540-365-4285
spirituallife@ferrum.edu

Arlington District United Methodist Women
We're Doing Something Different!



POT LUCK

and

Vespers

June 1, 2019
5 p.m. - 7 p.m.
Sterling UMC
304 E. Church Road
Sterling, VA
20164



Join us for an opportunity to
nourish your body and satisfy your soul.

Mission Encounter 2019

When: July 26-28

Where: 4-H Center at Smith Mountain Lake, 775 Hermitage Road, Wirtz, VA

Topics:

- Spiritual Growth—Practicing Resurrection: The Gospel of Mark and Radical Discipleship
- Anniversary Study—Women United for Change: 150 Years in Mission
- Issue Study—What About Our Money? A Faith Response
- **Children's Study (ages 6-12) - MARKED:** A Mission Journey with Jesus in the Gospel of Mark

Fees: \$190 for adults and youth

95 for children ages 6—12

What is Mission Encounter?

For participants, Mission Encounter is an opportunity to study current issues impacting society based on current mission study topics with particular attention to the responsibilities of women in fulfilling the mission work of the church. Participants grow in understanding the mission of the church in the current world context; conference events are open to members and non-members of United Methodist Women.

Events also include:

- Worship & singing
- Interest Groups around current issues
- Mission Projects
- Audiovisual presentations
- Voices of Youth
- Shop the World Gifts Store
- Fellowship events

Mission Encounter is a cooperative event sponsored by the Virginia Conference Missional Ministries Board and the Virginia Conference United Methodist Women.

How to Register:

By mail if paying by check. Registration forms are available at VAUMW.COM and VAUMC.ORG

Online if paying by credit card at VAUMC.ORG/MissionEncounter